



Live Well with Dementia

Presented by Michelle Wykes,
Head of Occupational Therapy at Nepean Hospital

Join us and hear how to maintain mobility and function through the dementia journey.

Also hear about services and supports that may be helpful.

Register @ nbmphn.com.au/community-events/live-well-with-dementia-lithgow

RSVP by Monday 24 February

Tuesday 25 February

10am-11:30am

Lithgow Library, 157 Main Street